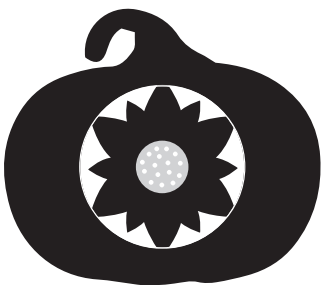
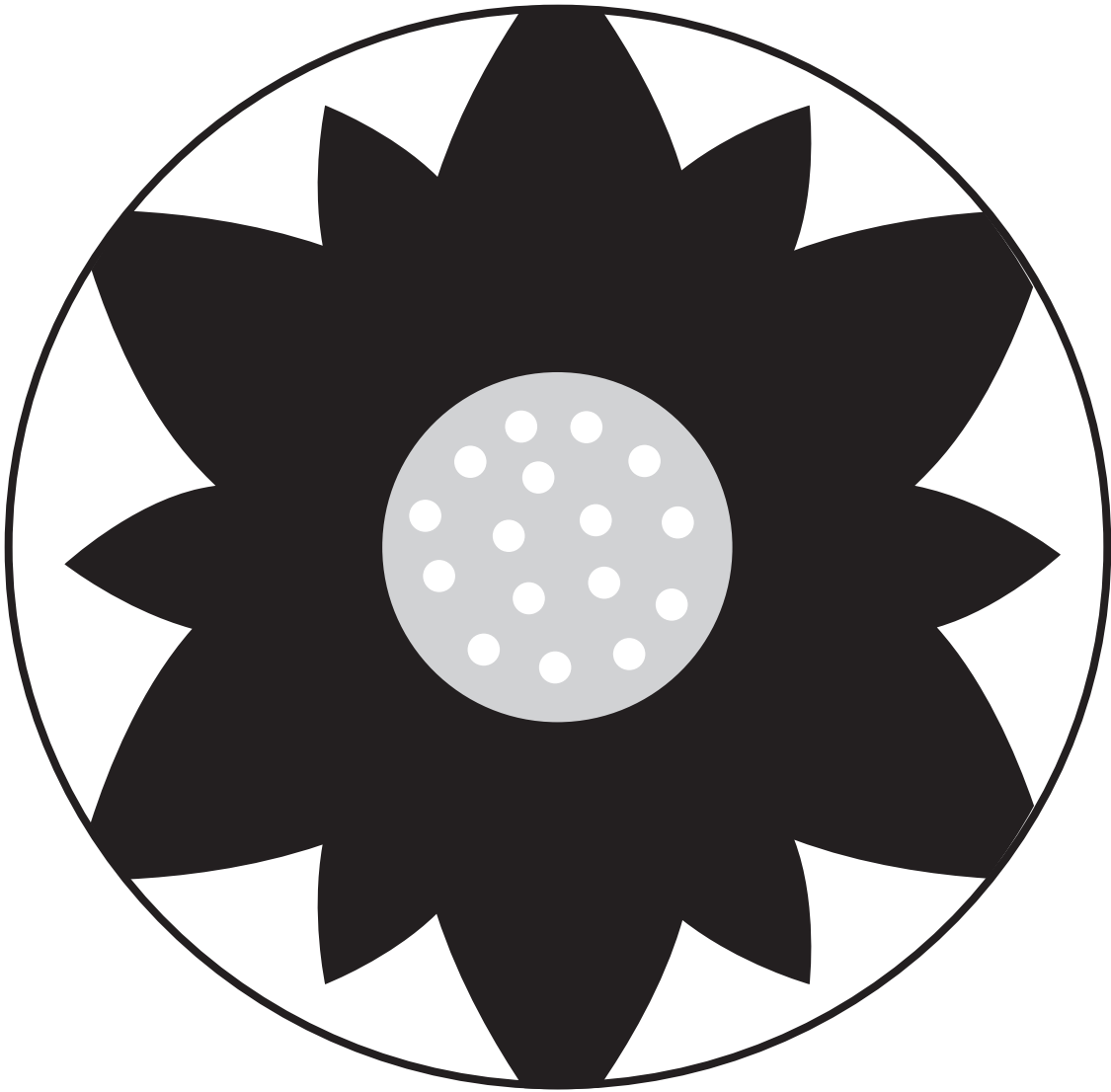


SKILL LEVEL:  
**EASY**



**Sheridan**  
Nurseries

# Glowing Sunflower



1. Using a sharp knife, cut the top off of your pumpkin and remove all of the seeds and pulp. Scrape the sides well so that the interior is relatively dry.
2. To transfer the stencil, cut it out of this sheet by cutting around the stencil. Use packing tape to adhere the stencil to the pumpkin and cover the paper entirely with tape. This will help it stay in place and waterproof the paper.
3. **If you have a shaving tool:** use pumpkin carving tools to carve the spaces between the petals and the outer circle. Then, use a sharp pencil to trace around the sunflower centre, imprinting the shape onto the pumpkin. Remove the stencil and use a shaving tool to shave the sunflower centre. Use a puncher, skewer, or toothpick to poke holes in the centre of the flower.
4. **If you don't have a shaving tool:** carve the sunflower centre first, then around the petals. Remove the stencil.
5. Place a candle inside and enjoy!

**Adult supervision required. Please ask an adult for help when using pumpkin carving tools.**